



FAR NORTHEAST TRAINING BOARD (FNETB)  
your **L**ocal **E**mployment **P**lanning **C**ouncil

COMMISSION DE FORMATION DU NORD-EST (CFNE)  
votre **C**onseil **L**ocal de **P**lanification de l'**E**mploi

# Directory of Employment, Training, Business and Related Services

in the Venture Centre /  
Le Centre de développement Region  
Timmins Area

October 2016





**FAR NORTHEAST TRAINING BOARD (FNETB)**  
your **Local Employment Planning Council**

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**COMMISSION DE FORMATION DU NORD-EST (CFNE)**  
votre **Conseil Local de Planification de l'Emploi**

FAR NORTHEAST TRAINING BOARD (FNETB)  
1425 Front Street, P.O. Box 2198, Hearst, ON P0L 1N0  
Telephone: 705.362.5788 or 800.530.9176

[www.fnetb.com](http://www.fnetb.com)



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and the Government of Ontario.

The information presented in this document is current at the time of printing.  
This directory is also available online at [www.fnetb.com](http://www.fnetb.com)

## **DIRECTORY OF EMPLOYMENT, TRAINING, BUSINESS AND RELATED SERVICES**

In an effort to support local service coordination, the Far Northeast Training Board (FNETB) is pleased to provide this local directory. It is design to provide a listing of employment, training and related services in the Venture Centre / Le Centre de développement, Timmins Area.

The information contained in this document is current at the time of its publication. The FNETB will update the directory annually. Any changes or additions that are required beyond the annual update will be made if/when requested by service providers.



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## COCHRANE DISTRICT SOCIAL SERVICES ADMINISTRATION BOARD



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)

500 Algonquin Boulevard East - Timmins

Phone: 705.268.7722

Toll Free: 877.259.7722

Fax: 705.360.2008

### Business Hours:

#### **September to June**

Mon to Fri 8:30 am to 4:15 pm

#### **July to August**

Mon to Fri 8:00 am to 3:45 pm

For those in receipt of Ontario Works:

- Assists with the development of Participation Agreements aimed at enhancing employability, finding and maintaining employment and increasing earnings with the goal of financial independence
- Assists in the development of activities that will help individuals move towards employment (e.g. job search, basic education, skills training/workshops)
- Offers financial assistance to help with expenses associated with employment start-up or employment activities (e.g. work wear, licensing fee, transportation, child care)
- Offers access to computers with internet access, fax machine, phone and photocopier

## EMPLOYMENT OPTIONS EMPLOI

EMPLOYMENT OPTIONS EMPLOI

330 Second Avenue, Station 104 – Timmins

### **Collège Boréal**

Website: [www.1job.ca](http://www.1job.ca)

Phone: 705.268.3800

Fax: 705.267.5876

### **Northern College**

Website: [www.northernemployment.ca](http://www.northernemployment.ca)

Email: [Ti.EmploymentServices@northern.on.ca](mailto:Ti.EmploymentServices@northern.on.ca)

Phone: 705.268.3033

Fax: 705.268.3035

### Business Hours:

Monday to Friday 8:00 am to 5:00 pm

\*\* From April to August the Summer Jobs Service is open until 7:00 pm on Wednesday

### **Ontario Employment Services:**

- Provides comprehensive employment and job search services
- Offers assessment of skills, interest and experience
- Provides job search strategies, including résumé preparation
- Offers information about careers and occupations, local labour market, employment and training opportunities
- Coordinates on-the-job training, work experience
- Offers help in maintaining employment
- Provides information and referral to other employment and community services

### **Summer Jobs Services**

- Provides free job-search and self-marketing support to help students find summer jobs



## COMMUNITY LIVING TIMMINS INTÉGRATION COMMUNAUTAIRE

Website: [www.communitylivingtimmins.com](http://www.communitylivingtimmins.com)

Email : [admin@cltic.ca](mailto:admin@cltic.ca)



166 Brousseau Avenue – Timmins

Phone: 705.268.8811

Fax: 705.267.2011

### Business Hours:

Monday to Fri 8:30 am to 4:00 pm

Assists individuals with an intellectual disability explore employment opportunities

- Provides career counselling
- Connects individuals with placements
- Provides on the job training, monitoring and follow up with both the employer and employee
- Provides assistance with writing resumes and developing work skills
- Provides employers with creative solutions for hiring employees

## MINISTRY OF ADVANCED EDUCATION AND SKILLS DEVELOPMENT

Website: [www.tcu.gov.on.ca/eng](http://www.tcu.gov.on.ca/eng)

Ontario Government Complex

5520 Highway 101 East, Wing B – South Porcupine



Phone: 705.235.1950

Toll Free: 800.387.5656

Fax: 705.235.1955

### Business Hours:

Monday to Friday 8:30 am to 5:00 pm

The Ministry of Advance Education and Skills Development is responsible for:

- Delivering employment and training services to the public across the province
- Developing policy directions for employment and training
- Managing provincial programs to support workplace training and workplace preparation, including apprenticeship, career and employment preparation, modular training, second career and adult literacy and basic skills
- Undertaking labour market research and planning

## MARCH OF DIMES CANADA – TIMMINS

Website: [www.marchofdimes.ca](http://www.marchofdimes.ca)



38 Pine Street North - Timmins

Phone: 705.267.2183

Toll Free: 866.314.3463

Fax: 705.268.6848

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

Offers free employment services in:

- Employment planning
- Skills development (short term less than one year)
- School to work transitional plans
- Transferable skills analysis
- Unpaid work experience with WSIB coverage
- Life skills vocational training
- Job skills workshops / job readiness training
- Customer service training
- Cash register training
- Job coaching
- Job carving
- Extensive job development with local employers
- Psychological vocational assessments
- Ergonomic assessments
- Other assessments as required
- Assistive devices funding
- Training subsidies for employers
- Funding for start up costs
- Long term follow up

## MUSHKEGOWUK EMPLOYMENT & TRAINING SERVICES



Website: [www.mushkegowuk.com](http://www.mushkegowuk.com)

36 Birch Street South - Timmins

Phone: 705.268.1150

Fax: 705.268.3282

Business Hours:

Monday to Friday 8:30 am to 5:00 pm

- Offers various employment and training services to Aboriginal clients
- Funds training initiatives from various sponsors or for clients who require additional training to secure employment
- Offers practical career, employment, and individual counselling

Programs and services include:

### **Employer Services**

- Financial assistance to assist in the delivery of a program. The Financial Assistance may cover wages for staff, mandatory employment related costs, overhead costs. This is a component of the Employability Improvement Program.

### **Placements**

- This component focuses on individuals by providing work experience and developmental learning experience to in-school individual during summer months. The overall purpose is to assist the individuals on preparing for their future entry into the labour market.

### **Workplace Based on Training**

- To assist employers, including the self employed, through negotiated contributions to training, to meet their current or future skill needs and to retrain employees whose skills have been made redundant through technological or market changes, or by legislative or regulatory change.

### **Targeted Wage Subsidy**

- Training and work experience designed for specific clients through the provision of training related costs, wage subsidies and other specific costs to employers.

## PROFESSIONS NORTH | NORD



Website: [www.professionsnorth.ca](http://www.professionsnorth.ca)

330 Second Avenue – Suite 205 – Timmins

Phone: 705.269.1766 Ext: 11

Professions North (PNN) is an initiative of Laurientian University that assists employers with labour shortages, and internationally trained professionals (ITPs) in finding employment in Northern Ontario at no cost.

## MÉTIS NATION OF ONTARIO



Website: [www.metisnation.org](http://www.metisnation.org)

347 Spruce Street South - Timmins

Phone: 705.264.3939

Toll Free: 888.497.3939

Fax: 705.264.5468

Business Hours:

Monday to Friday 8:00 am to 4:00 pm

Provides employment and training programs to respond to the unique needs of Métis People:

- Wage Subsidy
- Strategic Partnership Program
- Employability Program
- Mobility Program
- Summer Career Placement
- Culture-based Economic Development Grant
- Stay in School Program
- Youth Programs
- Self-Employment
- Job Creation Partnership
- Apprenticeship Support
- Job Shadowing Program
- Bursary Program

## WABUN TRIBAL COUNCIL TRAINING AND EMPLOYMENT SERVICES



Website: [www.wabun.on.ca](http://www.wabun.on.ca)

Email: [wtes@wabun.on.ca](mailto:wtes@wabun.on.ca)

313 Railway Street – Timmins

Phone: 705.268.9066

Fax: 705.268.8554

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

### **Areas served:**

Beaverhouse First Nation, Brunswick House First Nation, Chapleau Ojibwe First Nation, Matachewan First Nation, Mattagami First Nation and Flying Post First Nation

- Responsible for the delivery of training and employment funds and programs to the member First Nation communities
- Operates as a department within the Wabun Development Corporation and under the Aboriginal Skills & Employment Training Agreement.

## TIMMINS NATIVE FRIENDSHIP CENTRE - APATISIWIN



Website: [www.tnfc.ca](http://www.tnfc.ca)

179 Kirby Avenue – Timmins

Phone: 705.268.6262

Fax: 705.268.6266

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

## SIBI EMPLOYMENT AND TRAINING



Website: [www.moosetree.com](http://www.moosetree.com)

11 Elm Street North

Phone: 705.268.3072

Fax: 705.268.2297

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

The Sibi Employment and Training Initiative offers the following services:

- Career Counselling
- Job preparedness Training
- Professional Development
- Trades exam preparation
- Work placements
- Employment referrals
- Client supports (students allowance including transportation and child support, initial employment costs, employee-employer relations support, and more)

## SERVICE CANADA



120 Cedar Street South – Timmins

Toll Free Information: 800.622.6232

Business Hours:

Monday to Friday 8:30 am to 4:00 pm

### ALGOMA UNIVERSITY



Website: [www.algomau.ca/timmins/](http://www.algomau.ca/timmins/)

Email: [timmins@algomau.ca](mailto:timmins@algomau.ca)

4715 Highway 101 East – South Porcupine

Phone: 705.235.3211 Ext 2175

Toll Free: 888.254.6628

Algoma U at Timmins offers these university programs:

- Bachelor of Social Work degree
- Bachelor of Arts in Community Development degree

### ALTERNATIVE & CONTINUING CATHOLIC EDUCATION SUPPORT SERVICES (ACCESS)



Website: [www.ncdsb.on.ca](http://www.ncdsb.on.ca)

383 Birch Street North - Timmins

Phone: 705.531.3075

Toll Free: 877.422.9322

Fax: 705.531.3074

Access provides options for students to complete secondary school courses outside of the traditional school environment.

Students benefiting from ACCESS reflect a rich variety of background experiences and typically include students who:

- have left school before graduation and are returning to complete their diploma requirements;
- have experience difficulty in the traditional school environment and are continuing their education in an alternative settings; or
- are behind in credit accumulation and are seeking to maximize credit earning opportunities.

## CENTRE D'APPRENTISSAGE DU NORD-EST DE L'ONTARIO (CANO)



Website: [www.cspne.ca/cano/](http://www.cspne.ca/cano/)

37 Preston Avenue - Timmins

Phone: 705.360.5660  
or 705.472.0606

Business Hours:

Monday to Friday 9:00 am to 3:00 pm

- Offers courses designed for adult learners who want to complete their high school diploma
- Focuses on reading, writing, mathematics, and social sciences

## CENTRE DE FORMATION POUR ADULTES FRANCOPHONES



Website : [www.cfaf.ca](http://www.cfaf.ca)

45 Spruce Street South – Timmins

Phone: 705.267.3222  
Fax: 705.267.3222

Business Hours:

Monday to Friday 8:30 am to 4:00 pm

Offers free in class or online courses in:

- Reading, writing, mathematics and computers
- Improvement courses for the French language
- Introduction to the Internet and E-mail
- Learning management
- Engagement with others

The centre also provides the following services:

- Information and referrals
- Diagnostic assessment
- Elaboration of a personalized learning plan
- Training
- Monitoring



## COLLÈGE BORÉAL

Website: [www.collegeboreal.ca](http://www.collegeboreal.ca)

395 Thériault Boulevard – Timmins

# COLLÈGE BORÉAL

Phone: 705.267.5850

Fax: 705.267.6673

Established in 1995, Collège Boréal is a French-language postsecondary training and learning institution dedicated to the development and growth of French communities throughout the province. Since 1995, over 116,500 clients across Ontario have benefited from College Boréal's expertise relating to postsecondary education, including a number of trades programs, services for immigrants and pertaining to employability. Collège Boréal, the best college in Ontario, also offers courses custom training in the language of the employer's preference and a wide variety of continuing education courses in 35 access centres situated in 25 communities across the province. Furthermore, Collège Boréal has developed and implemented over 60 agreements with other postsecondary institutions.

## LA CLEF



[www.cscdgr.on.ca/laclef](http://www.cscdgr.on.ca/laclef)

896 Riverside Drive – Timmins

Phone: 705.267.1421 Ext: 254

Fax: 705.267.7247

### Business Hours:

Monday to Thursday	8:00 am to 4:00 pm
Friday	8:30 am to 4:30 pm

- Offers courses designed for adult learners who want to complete their high school diploma
- Focuses on reading, writing, mathematics and social skills
- Adults of all ages, EI recipients, and displaced workers, persons re-entering the workforce and resuming their education are all eligible

## CONTACT NORTH | CONTACT NORD

### Contact North

Ontario's Distance Education  
& Training Network

### Contact Nord

Le réseau d'éducation et de  
formation à distance de l'Ontario

Website: [www.contactnorth.ca](http://www.contactnorth.ca)

Email: [southporcupine@contactnorth.ca](mailto:southporcupine@contactnorth.ca)

4715 Highway 101 East  
Room B108  
South Porcupine

Toll Free Number: 855.840.5877

Fax: 705.235.5740

- Offers students the opportunity to earn a certificate, diploma, degree, or upgrade their skills through online learning
- Provides access to more than 1,000 programs and 18,000 courses offered online by Ontario's public colleges, universities, literacy and basic skills and training providers.
- Offers personalized support, in your community, for:
  - Program and course information
  - Assistance with the application process
  - Exam invigilation
  - Personal encouragement and technical support

## MÉTIS NATION OF ONTARIO

Métis Nation  
of Ontario 

Website: [www.metisnation.org](http://www.metisnation.org)

347 Spruce Street South - Timmins

Phone: 705.264.3939

Toll Free: 888.497.3939

Fax: 705.264.5468

Business Hours:

Monday to Friday 8:00 am to 4:00 pm

## NORTHERN COLLEGE



Website: [www.northernc.on.ca](http://www.northernc.on.ca)

Highway 101 East  
South Porcupine

Phone: 705.235.3211  
Fax: 705.235.7279

Business Hours:  
Monday to Friday 8:00 am to 4:00 pm

Offers over 75 full-time, part-time, certificate, diploma, and apprenticeship programs and hundreds of in-class, web-based, and correspondence courses.

Northern also provides post-secondary and career-entrance preparation programs and academic upgrading.

## PROGRAM IN ALTERNATIVE AND CONTINUING EDUCATION (PACE)



Website: [www.dsb1.ca](http://www.dsb1.ca)  
Email: [pace@dsb1.ca](mailto:pace@dsb1.ca)

206 Third Avenue – Timmins

Phone: 705.264.6959  
Toll Free Number: 800.381.7280  
Fax: 705.268.3055

Business Hours:  
Monday to Friday 8:00 am to 4:00 pm

- Offers courses for all learners who want to complete their high school diploma requirements.
- Offers Prior Learning Assessment and Recognition (PLAR) and maturity credits

## TIMMINS NATIVE FRIENDSHIP CENTRE



Website: [www.tnfc.ca](http://www.tnfc.ca)

179 Kirby Avenue – Timmins

Phone: 705.268.6262

Fax: 705.268.6266

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

### **Adult Native Literacy and Basic Skills Program (LBS)**

The Adult Native Literacy and Basic Skills Program (LBS) is a skills development program in communication (reading, writing, and speaking) as well as numeracy at a pre-high school level.

### **Academic Upgrading and Career Entrance Program (ACE)**

Academic Upgrading and Career Entrance Program (ACE) is a Grade 12 equivalent college program. It prepares you for admission to a college post-secondary program or apprenticeship.

It serves adults who do not have a high school diploma, and is a free full-time program for students who need to improve their reading, writing, math, computer and study skills.

## TIMMINS LEARNING CENTRE



Website: [www.learnctlc.org](http://www.learnctlc.org)

208 Third Avenue  
Second Floor – Timmins

Phone: 705.268.8900

Fax: 705.268.4870

### Business Hours:

Monday to Thursday	9:00 am to 3:00 pm
Monday	9:00 am to 9:00 pm
Friday	9:00 am to 12:00 pm

Offers literacy, numeracy and essential skills services that help learners transition to their goals of employment, apprenticeship, secondary school credit, post-secondary education or independence

## UNIVERSITÉ DE HEARST



Website: [www.uhearst.ca](http://www.uhearst.ca)

395 Thériault Boulevard – Timmins

Phone: 705.267.2144

Toll Free: 800.467.2144

### Business Hours:

Monday to Friday	8:30 am to 4:30 pm
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Université de Hearst offers French three-year and four-year undergraduate programs in the following fields:

- Business Administration
- Interdisciplinary Studies
- Management
- Psychology
- Social Services
- Translation

## ONTARIO YOUTH APPRENTICESHIP PROGRAM (OYAP)

Website: <http://oyap.com>



### **Conseil scolaire de district du Nord-Est de l'Ontario**

301 Shirley Street North – Timmins

Phone: 705.264.7474

Fax: 705.267.2233

### **District School Board Ontario North East**

Phone: 705.362.1151 Ext:17642

Fax: 705.360.1151

### **Northeastern Catholic District School Board – O’Gorman High School**

150 George Street – Timmins

Phone: 705.268.4501 Ext 4102

Fax: 705.267.3590

The Ontario Youth Apprenticeship Program (OYAP) is a School to Work program that opens the door for students to explore and work in apprenticeship occupations starting in Grade 11 or Grade 12 through the Cooperative Education program.

Students have an opportunity to become registered apprentices and work towards becoming certified journeypersons in a skilled trade while completing their secondary school diploma.

### THE VENTURE CENTRE / LE CENTRE DE DÉVELOPPEMENT



Website: [www.venturecentre.on.ca](http://www.venturecentre.on.ca)

38 Pine Street North – Suite 207  
The 101 Mall - Timmins

Phone: 705.360.5800  
Toll Free: 800.966.9461  
Fax: 705.360.5656

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

- Offers community economic planning and development
- Offers access to funding for community projects and small business
- Offers business counselling, services and commercial resources

### FEDNOR



Website: [www.fednor.gc.ca](http://www.fednor.gc.ca)

120 Cedar Street South – Suite 205 – Timmins

Phone: 877.333.6673  
Fax: 705.267.4939

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

- Functions as a regional development organization
- Delivers the Northern Ontario Development Program, the Community Futures Programs and the Economic Development Initiative

# TIMMINS ECONOMIC DEVELOPMENT CORPORATION

Website: [www.timminsedc.com](http://www.timminsedc.com)

Email: [tedc@timmins.ca](mailto:tedc@timmins.ca)



Timmins Economic  
Development Corporation  
Corporation du développement  
économique de Timmins

12 Elm Street North - Timmins

Phone: 705.360.2656

Toll Free: 866.470.8332

Fax: 705.360.2679

## Business Hours:

Monday to Friday 8:30 am to 4:30 pm

## **The Business Enterprise Centre (BEC)**

With a focus on providing support to start-up and existing small- and medium-sized enterprises, The Business Enterprise Centre promotes entrepreneurship at all levels, and delivers programs and training designed to assist entrepreneurs succeed.

Free bilingual services provided at The Business Enterprise Centre include:

- One on one business consultations
- Business registrations
- Youth entrepreneurship programs
- Business workshops and seminars
- Business plan development and reviews
- Referrals and links to professionals, funding agencies and financial organizations



## NISHNAWBE ASKI DEVELOPMENT FUND



Website: [www.nadf.org](http://www.nadf.org)  
Email: [contact-form@nadf.org](mailto:contact-form@nadf.org)

273 Third Avenue – Timmins  
Phone: 705.268.3940  
Fax: 705.268.4034

Business Hours:  
Monday to Friday 9:00 am to 5:00 pm

Nishnawbe Aski Development Fund (NADF) is a non-profit Aboriginal Financial Institution (AFI) providing loans, grants, and business support services to Aboriginal entrepreneurs and businesses in remote, rural and urban communities in Northern Ontario. Advisory and other services are available to support First Nation communities pursue resource development and community planning initiatives.

## MINISTRY OF NORTHERN DEVELOPMENT AND MINES



Website: [www.mndm.gov.on.ca](http://www.mndm.gov.on.ca)

5520 Hwy 101 East, “E” Wing  
South Porcupine

Phone: 705.235.1771  
Fax: 705.235.1778

- Helps northerners build stronger, more prosperous economies and communities
- Promotes economic growth and investment in Northern Ontario
- Delivers and promotes Ontario government programs, services and information across the North, including:
  - Northern Ontario Heritage Fund Corporation (NOHFC) programs, such as the Northern Ontario Internship Program and Small Business Start-up Projects

## PARO CENTRE FOR WOMEN’S ENTERPRISE



Website: [www.paro.ca](http://www.paro.ca)  
Email: [northeast@paro.ca](mailto:northeast@paro.ca)

20 Pine Street West – Chapleau

Phone: 705.870.0354

PARO Centre for Women’s Enterprise provides programs and services to women across Northern Ontario who are ready to start, grow or build new opportunities.

## RELATED SERVICES

### AL ANON FAMILY GROUPS



Toll Free Number: 888.425.2666

#### **South Porcupine Meeting**

Pentecostal Church – 260 Legion Drive  
Monday – 8:00 pm

#### **Timmins Meetings**

St. Anthony's Cathedral – 274 Fifth Avenue  
Tuesday – 1:15 pm

St. Matthew's Cathedral – 331 Fifth Avenue  
Wednesday – 7:00 pm

- Functions as a support group for individuals or families affected by someone's drinking
- Facilitates gatherings for groups of relatives or friends to share their experiences, strengths and hope
- Shares different tools that assist families to help themselves and the alcoholic indirectly, whether or not the individual is still drinking

### CENTRE JUBILEE CENTRE



Website: [www.jubileecentre.ca](http://www.jubileecentre.ca)

140 Jubilee Avenue West - Timmins

Phone: 705.268.2666

Fax: 705.267.6882

#### Office Hours:

Monday to Friday 8:30 am to 4:30 pm

- Provides timely, flexible, integrated addiction treatment that is tailored to individuals needs and respects individual choice, while protecting the safety of all clients, the integrity of the programs and compliments the system
- Offers a range of services and programs: case management, community day/evening treatment program, entry services, initial assessment and treatment services, residential treatment services, safe bed crisis support

## NEXT STEP FARMS

Website: [www.nextstepfarms.com](http://www.nextstepfarms.com)

Email: [nextstepfarms@gmail.com](mailto:nextstepfarms@gmail.com)

2287 Haileyburg Crescent – Porcupine

Phone: 705.221.6425

The Next Step Farms Discipleship program is a long term Christian rehabilitation program aimed at the total recovery from alcohol, drug addiction, depression or any other unmanageable life issues through biblical study and counselling. It is a free highly structured strict program

## NORTHERN TREATMENT CENTRE - TIMMINS

17 Cedar Street North - Timmins

Phone: 705.264.2174

Fax: 705.264.2184

### Office Hours

Monday to Thursday	8:30 am to 7:00 pm
Friday	8:30 am to 4:00 pm
Saturday and Sunday	9:00 am to 1:00 pm

Provides services that identify, assess and treat substance abuse in the workplace and at home. Services offered:

- Medicated assisted treatment
- Individual counselling

## SOUTH COCHRANE ADDICTIONS SERVICES



Website: [www.scasinc.ca](http://www.scasinc.ca)

Email: [scasin@ntl.sympatico.ca](mailto:scasin@ntl.sympatico.ca)

85 Pine Street South, Unit 2 - Timmins

Phone: 705.264.5202

Fax: 705.264.3011

Sub-offices in Iroquois Falls on Thursdays and Matheson on Wednesdays

Office Hours:

Monday to Friday 8:30 am to 4:30 pm

- Offers assessments, counselling, treatment planning, and case management to individuals who have concerns about their alcohol use, drug use and/or gambling
- Refers clients to appropriate treatment and/or community resources
- Provides assistance to family and friends who want to understand addictions and learn to cope or deal with the addiction of a significant other

## TIMMINS NATIVE FRIENDSHIP CENTRE ABORIGINAL ALCOHOL AND DRUG WORKER PROGRAM



Website: [www.tnfc.ca](http://www.tnfc.ca)

Email: [reception@tnfc.ca](mailto:reception@tnfc.ca)

179 Kirby Avenue – Timmins

Phone: 705.268.6262

Fax: 705.268.6266

Office Hours:

Monday to Friday 8:30 am to 4:30 pm

- Offers support to Aboriginal individuals who have or have had alcohol or drug addiction issues
- Promotes healthy lifestyle through family and community based activities and events
- Provides referrals to other community organizations
- Offers an after care support program for individuals who have returned from a treatment centre

## CRISIS / HELPLINES

### **ASSAULTED WOMEN'S HELPLINE**

[www.awhl.org](http://www.awhl.org)

866.863.0511

### **DRUG & ALCOHOL HELPLINE**

[www.drugandalcoholhelpline.ca](http://www.drugandalcoholhelpline.ca)

800.565.8603

### **FEM'AIDE**

[www.femaide.ca](http://www.femaide.ca)

877.336.2433

### **KIDS HELP PHONE**

[www.kidshelphone.ca](http://www.kidshelphone.ca)

800.668.6868

### **LEGAL AID**

[www.legalaid.on.ca](http://www.legalaid.on.ca)

800.668.8258

### **MENTAL HEALTH HELPLINE**

[www.mentalhealthhelpline.ca](http://www.mentalhealthhelpline.ca)

866.531.2600

### **ONTARIO PROBLEM GAMBLING HELPLINE**

[www.problemgamblinghelpline.ca](http://www.problemgamblinghelpline.ca)

888.230.3505

### **TELEHEALTH**

866.797.0000

### **VICTIM CRISIS ASSISTANCE & REFERRAL SERVICES (VCARS)**

888.579.2888

## DAYCARE SERVICES

### ABC EARLY CHILDHOOD EDUCATION CENTRE

686 College Street – Timmins

Phone: 705.267.2221

Business Hours:

Monday to Friday 7:30 am to 5:30 pm

### BAMBI'S CASTLE DAY CARE CENTRE



Website: [www.bambiscastle.ca](http://www.bambiscastle.ca)

571 Pine Street North – Timmins

Phone: 705.268.6601

Fax: 705.267.7130

Business Hours:

Monday to Friday 6:30 am to 6:00 pm

### CENTRE ÉDUCATIF RAYON DE SOLEIL



Email : [centreeducatif@hotmail.ca](mailto:centreeducatif@hotmail.ca)

École publique Lionel Gauthier  
145 Jean Street – Timmins

Phone: 705.363.6406

Business Hours:

Monday to Friday 6:00 am to 6:00 pm

## CHICKADEE CHILDCARE AND LEARNING CENTRE

85 Pine Street South – Timmins  
Phone: 705.264.5202

Business Hours :  
Monday to Friday 8:30 am to 4:30 pm

## GARDERIE CLIN D'OEIL



896 Riverside Drive – Timmins  
Phone: 705.268.1172

24 Wilcox Street – Timmins  
Phone: 705.268.1181

59 Sterling Avenue East – Timmins  
Phone: 705.268.1192

341 Thériault Boulevard – Timmins  
Phone: 705.268-7690

225 Dixon Street – South Porcupine  
Phone : 705.235.3135

## LA MOSAIC MONTESSORI



Website: <http://lamosaic.com>  
Email: [lamosaicmontessori@gmail.com](mailto:lamosaicmontessori@gmail.com)

316 Spruce Street South – Timmins

Phone: 705.221.6764

**LA RONDE INC.**



Website: [www.larondetimmins.ca/relais-ete-soleil/](http://www.larondetimmins.ca/relais-ete-soleil/)

32 Mountjoy Street North – Timmins

Phone: 705.267.8401

Fax: 705.267.8403

**LIONEL GAUTHIER DAYCARE**



Website: <http://cspne.ca/lionelgauthier/>

145 St-Jean Street – Timmins

Phone: 705.264.3858

**NORTHERN TREASURES PRIVATE HOME CHILD CARE**



500 Algonquin Boulevard East – Timmins

Phone: 705.268.7722 Ext: 275

Toll Free: 877.259.7722 Ext: 275

Fax: 705.360.2008



## OPPEKEHAWASO WEKAMIK CENTRE



Website: [www.tnfc.ca](http://www.tnfc.ca)  
Email: [reception@tnfc.ca](mailto:reception@tnfc.ca)

179 Kirby Avenue – Timmins

Phone: 705.268.6111  
Fax : 705.268.5329

Business Hours:  
Monday to Friday 7:30 am to 5:30 pm

## PRECIOUS CHILDREN DAYCARE

98 Mountjoy Street South – Timmins  
Phone: 705.268.7233

Business Hours:  
Monday to Friday 6:00 am to 6:00 pm

## YMCA TIMMINS



Website: [www.timminsymca.org](http://www.timminsymca.org)  
Email: [info@timminsymca.org](mailto:info@timminsymca.org)

376 Poplar Avenue – Timmins

Phone: 705.360.4381  
Fax : 705.360.4380

Business Hours:  
Monday to Friday 7:30 am to 5:30 pm

## FOOD BANKS

### FIRST BAPTIST CHURCH

Website: [www.firstb.ca](http://www.firstb.ca)

Email: [admin@firstb.ca](mailto:admin@firstb.ca)

100 Second Avenue – Timmins

Phone: 705.264.0493

Business Hours:

Friday 12:30 pm to 2:00 pm

### LORD'S KITCHEN SOCIETY INC

85 Spruce Street North – Timmins

Phone: 705.360.5673

Business Hours:

Thursday 8:30 am to 6:00 pm

### MISIWAY MILOPEMAHTESEWIN COMMUNITY HEALTH CENTRE



Website: [www.misiway.ca](http://www.misiway.ca)

130 Wilson Avenue – Timmins

Phone: 705.264.2200

Fax: 705.264.2243

### SALVATION ARMY

Website: [www.salvationarmy.ca](http://www.salvationarmy.ca)

261 Third Avenue – Timmins

Phone: 705.267.3422

Fax: 705.264.0675

Business Hours:

Wednesday 10:00 am to 12:30 pm

## SOUTH PORCUPINE FOOD BANK

32 Main Street – South Porcupine  
Phone: 705.235.3450

Business Hours:  
Tuesday 1:00 pm to 3:00 pm  
Saturday 9:00 am to 11:00 am

## THE GOOD SAMARITAN INN

Website: [www.goodsamaritaninntimmins.org](http://www.goodsamaritaninntimmins.org)

137 Golden Avenue – South Porcupine  
Phone: 705.235.4663

## TIMMINS FOOD BANK

Website: [www.costellocentre.com](http://www.costellocentre.com)

85 Spruce Street North - Timmins  
Phone: 705.268.5704

Business Hours:  
Wednesday 8:15 am to 11:15 am

## TIMMINS NATIVE FRIENDSHIP CENTRE



Website: [www.tnfc.ca](http://www.tnfc.ca)  
Email: [reception@tnfc.ca](mailto:reception@tnfc.ca)

179 Kirby Avenue – Timmins  
Phone: 705.268.6262  
Fax: 705.268.6266

Office Hours:  
Monday to Friday 8:30 am to 4:30 pm

## HOUSING

### ACCESS BETTER LIVING INC



Website: [www.accessbetterliving.ca](http://www.accessbetterliving.ca)

506 Lonergan Boulevard – Timmins

Phone: 705.268.2240

Fax: 705.268.2284

### COCHRANE DISTRICT SOCIAL SERVICES ADMINISTRATION BOARD



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)

500 Algonquin Boulevard East – Timmins

Phone: 705.268.7722 Ext 247

Toll Free: 877.259.7722

Fax: 705.268.8302

#### Business Hours:

#### **September to June**

Mon to Fri 8:30 am to 4:15 pm

#### **July to August**

Mon to Fri 8:00 am to 3:45 pm

### LES MAISONS COOPÉRATIVES DES PINS GRIS

Email: [pinsgris@ntl.sympatico.ca](mailto:pinsgris@ntl.sympatico.ca)

400 Shirley Street North, Unit 100 – Timmins

Phone: 705.268.3248

Fax: 705.360.1525

#### Business Hours:

Monday	12:00 pm to 6:30 pm
Tuesday – Thursday	8:30 am to 3:30 pm
Friday	9:00 am to 1:00 pm

## MENTAL HEALTH

### COUNSELLING SOLUTIONS

Email: [Counselling.Solutions.jc@gmail.com](mailto:Counselling.Solutions.jc@gmail.com)

137 Third Avenue, Unit 1 – Timmins

Phone: 705.267.3370

Fax: 705.267.3374

Business Hours:

Monday to Friday: by appointment only

Provides general counselling and psychotherapy services to adult individuals and couples

### MENTAL HEALTH UNIT (MHU)

Website: [www.tadh.com](http://www.tadh.com)

Email: [generalinquiries@tadh.com](mailto:generalinquiries@tadh.com)

700 Ross Avenue East – Timmins

Phone: 705.267.2131 Ext. 6315

Crisis Number: 888.340.3003

Fax: 705.267.6311

Business Hours:

Tuesday to Friday 8:00 am to 4:00 pm

Offers a wide range of crisis, in-patient and out-patient services to individuals with mental health related illnesses.

## MISIWAY MILOPEMAHTESEWIN COMMUNITY HEALTH CENTRE



Website: [www.misiway.ca](http://www.misiway.ca)

130 Wilson Avenue – Timmins

Phone: 705.264.2200 Ext: 128

### Business Hours:

Monday 10:00 am to 6:00 pm

Tuesday to Friday 8:30 am to 4:30 pm

Our Mental Health Program focuses on Mental Health and Addictions service for Children, Youth and Adults. Our Child and Youth program is mandated to provide services in both official languages and includes traditional Aboriginal approaches to care. One-on-One counselling, bi-annual day camps, family sessions and traditional ceremonies are offered. Care plans include suicide prevention, anger management and behavioural modification therapies. Members of our Mental Health team also conduct outreach services to communities within Misiway's catchment area.

## MÉTIS NATION OF ONTARIO



Website: [www.metisnation.org](http://www.metisnation.org)

347 Spruce Street South - Timmins

Phone: 705.264.3939

Toll Free: 888.497.3939

Fax: 705.264.5468

### Business Hours:

Monday to Friday 8:00 am to 4:00 pm

Program clients receive one-on-one support from our coordinators to help them identify and plan to overcome their wellness challenges. Culturally appropriate, client-oriented services include:

- Crisis intervention
- Peer counseling
- Wellness planning
- Referrals and advocacy
- Help completing relevant forms and applications
- Supportive accompaniment to consultations
- Access to supplemental support including tele-psychiatry

## TIMMINS CONSUMER SURVIVOR NETWORK (TCSN) INC.

102 – 330 Second Avenue – Timmins

Phone: 705.268.3220

Business Hours:  
Monday to Friday 9:30 am to 3:30 pm

Provides peer support and mutual aid in English and French for those experiencing mental health difficulties or having family members affected by mental health difficulties.

## TIMMINS FAMILY COUNSELLING CENTRE

Website: [www.timminsfamilycounselling.com](http://www.timminsfamilycounselling.com)

60 Wilson Avenue, Suite 310 – Timmins



**Timmins Family Counselling Centre**

**Centre de counselling familial de Timmins**

Phone: 705.267.7333

Fax: 705.368.6850

Business Hours:  
Monday to Friday 8:30 am to 4:30 pm

- Works with individuals, couples and families on a large number of different problems and issues
- Aims to minimize the impact of stress following an traumatic event
- Assists employees of various organizations and businesses in the community and surrounding areas
- Offers counselling to women healing from abusive relationships
- Offers individual counselling to individuals healing from sexual abuse

## TIMMINS NATIVE FRIENDSHIP CENTRE ABORIGINAL HEALING & WELLNESS STRATEGY PROGRAM



Website: [www.tnfc.ca](http://www.tnfc.ca)  
Email: [reception@tnfc.ca](mailto:reception@tnfc.ca)

179 Kirby Avenue – Timmins  
Phone: 705.268.6262  
Fax: 705.268.6266

Office Hours:  
Monday to Friday 8:30 am to 4:30 pm

The goal of the Aboriginal Healing and Wellness Strategy Program (AHWSP) is to foster improvements in the health and well-being of Aboriginal individuals, families, communities and Nations through:

- Provision of equitable access to primary health and healing services and programs, including prevention, treatment and support, that are culturally appropriate and culturally competent
- Building on the strengths and enhancing the capabilities of Aboriginal communities
- Promotion of equitable, violence-free relationships and healthy environments

## PROFESSIONAL COUNSELLING SERVICES – TIMMINS

434 Diane Crescent – Timmins  
Phone: 705.264.3855  
Fax: 705.264.3855

Provides marital, individual and family counselling services such as:

- Trauma
- Grieving
- Stress
- Depression
- Anxiety
- Post traumatic stress disorder



# SETTLEMENT / NEW COMER SERVICES

## TIMMINS & DISTRICT MULTICULTURAL CENTRE



Website: [www.timminsmulticultural.ca](http://www.timminsmulticultural.ca)

119 Pine Street South, Suite 10 – Timmins

Phone: 705.269.8622

Toll Free: 877.890.0901

Fax: 705.269.8624

Practical assistance is provided to newcomers for the challenges of everyday life. Services include needs assessment and referral, consumer and community information, assistance completing government forms and assistance in the following area:

- Health issues, such as obtaining a Health Card and child immunization
- Education, such as school registration issues
- Housing
- Immigration and citizenship applications and classes
- Consumer information
- Job preparation skills
- Medical services
- Canadian law
- Interpreter and translation services (fees apply for translation)
- Settlement and orientation
- Community connections and mentoring
- Social events

## SOCIAL ASSISTANCE

### ONTARIO WORKS



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)

500 Algonquin Boulevard East – Timmins

Phone: 705.268.7722

Toll Free : 877.259.7722

Fax: 705.360.2008

#### Business Hours:

##### **September to June**

Mon to Fri 8:30 am to 4:15 pm

##### **July to August**

Mon to Fri 8:00 am to 3:45 pm

For those in receipt of Ontario Works:

- Provides short term financial assistance to individuals and families in need
- Offers Extended Health Benefits to qualifying individuals
- Provides information to recipients about participation requirements including seeking employment, basic education, volunteer work, or self employment

### ONTARIO DISABILITY SUPPORT PROGRAM (ODSP)



Website: [www.mcsc.gov.on.ca](http://www.mcsc.gov.on.ca)

Highway 101 East – South Porcupine

Phone: 705.235.1700

TTY Number: 705.235.1786

Toll Free: 800.461.9843

Fax: 705.235.1778

#### Business Hours:

Monday to Friday 8:30 am to 5:00 pm

- Offers financial assistance to individuals with disabilities and their families
- Offers benefits including prescriptions drugs, dental services and vision care
- Offers employment assistance to help find, keep and maintain a job