



FAR NORTHEAST TRAINING BOARD (FNETB)  
your **L**ocal **E**mployment **P**lanning **C**ouncil

COMMISSION DE FORMATION DU NORD-EST (CFNE)  
votre **C**onseil **L**ocal de **P**lanification de l'**E**mploi

# Directory of Employment, Training, Business and Related Services

in the North Claybelt Community  
Development Corporation Region  
Cochrane, Iroquois Falls and Area

October 2016





**FAR NORTHEAST TRAINING BOARD (FNETB)**  
your **Local Employment Planning Council**

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**COMMISSION DE FORMATION DU NORD-EST (CFNE)**  
votre **Conseil Local de Planification de l'Emploi**

FAR NORTHEAST TRAINING BOARD (FNETB)  
1425 Front Street, P.O. Box 2198, Hearst, ON P0L 1N0  
Telephone: 705.362.5788 or 800.530.9176

[www.fnetb.com](http://www.fnetb.com)



**Ontario**

This *project* is funded in part by the Government of Canada  
and the Government of Ontario.

The information presented in this document is current at the time of printing.  
This directory is also available online at [www.fnetb.com](http://www.fnetb.com)

## **DIRECTORY OF EMPLOYMENT, TRAINING, BUSINESS AND RELATED SERVICES**

In an effort to support local service coordination, the Far Northeast Training Board (FNETB) is pleased to provide this local directory. It is design to provide a listing of employment, training and related services in the North Claybelt Community Futures Development Corporation Region, Cochrane / Iroquois Falls and area.

The information contained in this document is current at the time of its publication. The FNETB will update the directory annually. Any changes or additions that are required beyond the annual update will be made if/when requested by service providers.



**NORTH CLAYBELT**

**Community Futures Development Corporation**  
**Société d'aide au développement des collectivités**

# Table of Content

<b>EMPLOYMENT SERVICES</b>	<b>6</b>
Apatisawin / Ininew Friendship Centre	6
Cochrane District Social Services Administration Board (CDSSAB) Employment Services	7
Cochrane Community Living	8
Iroquois Falls Community Living	8
Professions North * Nord	9
Ministry of Training, Colleges and Universities	9
Service Canada	9
<b>TRAINING SERVICES</b>	<b>10</b>
Apatisawin Employment & Training	10
Northern College – Academic Upgrading	10
Cochrane and Iroquois Falls Adult Learning Centre	11
Centre de formation Cochrane Iroquois Falls	12
Éducation pour adultes	12
Contact North   Nord	13
<b>BUSINESS SERVICES</b>	<b>14</b>
North Claybelt Community Futures Development Corporation	14
Cochrane Economic Development Corporation	14
FedNor	15
Paro Centre for Women’s Enterprise	15
Ministry of Northern Development and Mines	16
<b>RELATED SERVICES</b>	<b>17</b>
<i><b>Addiction Services</b></i>	<b>17</b>
Al Anon Family Group	17
Cochrane District Detox Centre	17
North Cochrane Addiction Services	18
South Cochrane Addictions Services	18
<i><b>Crisis / Helplines</b></i>	<b>19</b>
<i><b>Daycare Services</b></i>	<b>20</b>
Cochrane Child Care Centre	20
Garderie Clin d’œil	20
Garde d’enfants de Cochrane	20
Tanie’s Tots Daycare	20

<b><i>Food Banks</i></b>	<b>20</b>
Cochrane Emergency Food and Resale	20
Iroquois Falls New & Used	20
Matheson Food Bank	20
<b><i>Housing</i></b>	<b>21</b>
Co Tem Pro Native Non-profit Housing	21
Cochrane District Social Services Administration Board (CDSSAB)	21
<b><i>Mental Health</i></b>	<b>22</b>
Hearst, Kapuskasing, Smooth Rock Falls Counselling Services	22
Minto Counselling Centre	22
Timmins Consumer Survivor Network (TCSN)	23
<b><i>Settlement / New Comers Services</i></b>	<b>23</b>
Timmins & District Multicultural Centre	23
<b><i>Social Assistance</i></b>	<b>24</b>
Ontario Works	24
Ontario Disability Support Program (ODSP)	24

## APATISIWIN ININEW FRIENDSHIP CENTRE

### **APATISIWIN**

Your Urban Aboriginal Employment Service Provider



Website: [www.ininewfriendshipcentre.ca](http://www.ininewfriendshipcentre.ca)

Email: [wabus@puc.net](mailto:wabus@puc.net)

190 Third Avenue – Cochrane

Phone: 705.272.4497

Fax: 705.272.3597

#### Business Hours:

Monday to Friday 8:30 am to 4:00 pm

The program goal is to provide opportunities for Urban Aboriginal People of Ontario to better their lives through culturally based services in an employment focused partnership driven model.

The center provides the following Funded Interventions:

- **Labour Force Preparation and Youth:** Pre-Employment Training, Youth Internship, Stay in School Program and Summer Jobs
- **Placements:** Apprenticeships, Purchase of Training, On the job Training
- **Supports:** Training Supports, Employment Supports, Self-Employment Training

Non-Funded Interventions include but are not limited to:

- Use of telephone to make local calls related to employment and training
- Access to fax, computer and printer related to employment and training
- Resume and cover letter assistance
- Job search, labour market information
- Training action/plan development
- Employment Counselling and Referrals

## COCHRANE DISTRICT SOCIAL SERVICES ADMINISTRATION BOARD (CDSSAB) – EMPLOYMENT SERVICES



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)

### **Cochrane**

149 Fifth Avenue

Phone: 705.272.5745

Toll Free: 800.361.6673

Fax: 705.272.5748

### **Iroquois Falls**

33 Ambridge Drive

Phone: 705.232.4095

Toll Free: 800.461.2009

Fax: 705.232.5471

### **Matheson**

385 Railway Street

Phone: 705.273.2334

Fax: 705.273.2767

### Business Hours – Cochrane and Matheson:

#### **September to June**

Mon to Fri 8:30 am to 4:15 pm

#### **July to August**

Mon to Fri 8:30 am to 4:15 pm

### Business Hours – Iroquois Falls:

#### **September to June**

Mon to Fri 8:00 am to 3:45 pm

#### **July to August**

Mon to Fri 8:00 am to 4:40 pm

- Provides comprehensive employment and job search services
- Offers assessment of skills, interest and experience
- Provides job search strategies, including résumé preparation
- Offers information about careers and occupations, local labour market, employment and training opportunities
- Coordinates on-the-job training, work experience
- Offers help in maintaining employment
- Provides information and referral to other employment and community services

## NORTH EAST ASSOCIATION FOR COMMUNITY LIVING

Website: [www.communitylivingontario.ca/node/523](http://www.communitylivingontario.ca/node/523)

Email: [iccl@puc.net](mailto:iccl@puc.net)

18 Second Avenue – Cochrane

Phone: 705.272.2999



Provides community based support and services for persons with an intellectual disability and their families.

## COMMUNITY LIVING – IROQUOIS FALLS

9 Veterans Drive – Iroquois Falls

Phone: 705.258-3971

Fax: 705.258.3119



Business Hours:

Monday to Friday 8:00 am to 4:00 pm

- Offers a range of services for individuals with an intellectual disability in both employment and other community activities
- Explores options with the individual to determine abilities as well as preferences
- Support is individualized and adjusted to needs
- Community options include recreation and leisure, making connections in the community and building relationships based on people's interests and needs



## PROFESSIONS NORTH | NORD



Website: [www.professionsnorth.ca](http://www.professionsnorth.ca)

330 Second Avenue – Suite 104 – Timmins

Phone: 705.269.1766 Ext: 11

Professions North (PNN) is an initiative of Laurientian University that assists employers with labour shortages, and internationally trained professionals (ITPs) in finding employment in Northern Ontario at no cost.

## MINISTRY OF ADVANCED EDUCATION AND SKILLS DEVELOPMENT



Website: [www.tcu.gov.on.ca/eng](http://www.tcu.gov.on.ca/eng)

Ontario Government Complex  
122 Government Road West - Kapuskasing

Phone: 705.337.4381

Fax: 705.337.4382

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

The Ministry of Advance Education and Skills Development:

- Delivering employment and training services to the public across the province
- Developing policy directions for employment and training
- Managing provincial programs to support workplace training and workplace preparation, including apprenticeship, career and employment preparation, modular training, second career and adult literacy and basic skills
- Undertaking labour market research and planning

## SERVICE CANADA



8 Queen Street – Kapuskasing

Toll Free Information: 800.622.6232

Business Hours:

Monday to Friday 8:30 am to 4:00 pm

APITISAWIN EMPLOYMENT & TRAINING



Website: [www.apitisaWIN.com](http://www.apitisaWIN.com)

207 Sixth Street – Cochrane

Phone: 705.272.2051

Toll Free: 855.272.2051

Fax: 705.272.2091

Business Hours:

Monday to Friday

9:00 am to 4:30 pm

Provides employment and training opportunities to communities

- Administers accredited Post-Secondary Courses in partnership with various colleges
- Offers pre-apprenticeship courses and training programs as related to employment opportunities with industries in the area such as mining and natural resources
- Provides courses that align with the Impact Benefits Agreements (IBA) developed with organizations conducting mining and natural resource development in the area

NORTHERN COLLEGE – ACADEMIC UPGRADING



Website: [www.northernc.on.ca](http://www.northernc.on.ca)

149 Fifth Avenue – Cochrane

Phone: 705.272.4188

Fax: 705.272.2887

Business Hours:

Monday to Thursday

9:00 am to 3:00 pm

Friday

9:00 am to Noon

- Offers literacy, numeracy and essential skills services that help learners transition to their goals of employment, apprenticeship, secondary school credit, post-secondary education or independence.
- Provides grade 12 equivalency

## COCHRANE AND IROQUOIS FALLS ADULT LEARNING CENTRE



[www.alctraining.ca](http://www.alctraining.ca)

Email: [alcprogram@gmail.com](mailto:alcprogram@gmail.com)

### **Cochrane**

149 Sixth Avenue  
Phone: 705.272.4860  
Fax: 705.272.2760

#### Business Hours:

Mon to Fri 9:00 am to 5:00 pm

### **Iroquois Falls**

723 Synagogue Avenue  
Phone: 705.232.5433  
Fax: 705.272.7134

#### Business Hours:

Mon to Thu 8:30 am to 4:30 pm  
Tues night 5 pm to 9 pm

- Provides literacy, numeracy and essential skills services that help individuals achieve goals related to further education and training, employment, apprenticeship or increased independence.
- Provides skills assessment and support in clarifying upgrading goals and developing a training plan to achieve them.
- Offers services to help individuals develop the necessary skills for entry into college upgrading equivalency program, preparation for adult credit, workforce readiness, GED preparation, pre-apprenticeship training, personal independence and computer training.
- Operates the Literacy and Basic Skills program.

## CENTRE DE FORMATION COCHRANE-IROQUOIS FALLS



Email: [aupiedde@gmail.com](mailto:aupiedde@gmail.com)

144 Third Street West – Cochrane

Phone: 705.272.3513

Fax: 705.272.3513

### Business Hours:

Monday to Thursday

8:30 am to 4:30 pm

Friday

8:30 am to 3:00 pm

- Assists with improving reading, writing, numeracy skills at Language Basic Skills Levels
- Offers basic computer courses
- Provides a resource centre with computers and internet access and French library
- Offers courses designed for adult learners who want to complete their high school diploma
- Focuses on reading, writing, mathematics, and social sciences
- Offers Literacy and Basic Skills training

## ÉDUCATION POUR ADULTES



CONSEIL SCOLAIRE  
CATHOLIQUE  
DE DISTRICT DES  
**GRANDES  
RIVIÈRES**

Website: [www.cscdgr.on.ca](http://www.cscdgr.on.ca)

399 Eight Street – Cochrane

Phone: 705.272.3080

44 Anson Drive – Iroquois Falls

Phone: 705.258.3223

## CONTACT NORTH | CONTACT NORD

### Contact North

Ontario's Distance Education  
& Training Network

### Contact Nord

Le réseau d'éducation et de  
formation à distance de l'Ontario

Website: [www.contactnorth.ca](http://www.contactnorth.ca)

#### **Cochrane**

Email: [cochrane@contactnorth.ca](mailto:cochrane@contactnorth.ca)

171, 4<sup>th</sup> Avenue

Toll Free Number: 855.658.3444

Fax: 705.272.4817

#### **Iroquois Falls**

Email : [iroquoisfalls@contactnorth.ca](mailto:iroquoisfalls@contactnorth.ca)

44 Anson Drive

Toll Free: 877.999.9149

Fax: 705.258.3653

#### **Matheson**

422, 4<sup>th</sup> Avenue

Toll Free Number: 855.658.3444

Fax: 705.272.2862

- Offers students the opportunity to earn a certificate, diploma, degree, or upgrade their skills through online learning
- Provides access to more than 1,000 programs and 18,000 courses offered online by Ontario's public colleges, universities, literacy and basic skills and training providers.
- Offers personalized support, in your community, for:
  - Program and course information
  - Assistance with the application process
  - Exam invigilation
  - Personal encouragement and technical support

### NORTH CLAYBELT COMMUNITY FUTURES DEVELOPMENT CORPORATION

Website: [www.northclaybelt.com](http://www.northclaybelt.com)

Email: [info@northclaybelt.com](mailto:info@northclaybelt.com)



6 Ash Street – Kapuskasing

Phone: 705.337.1407

Toll Free: 888.289.4233

Fax: 705.337.6285

#### Business Hours:

#### **September to May**

Monday to Friday 8:30 am to 4:30 pm

#### **June to August**

Monday to Friday 8:00 am to 4:00 pm

- Offers financial and counselling assistance for new and existing small businesses through a variety of programs and services
- Contributes to local economic development by providing information, consulting assistance, loans, loan guarantees, and equity investment

### COCHRANE ECONOMIC DEVELOPMENT



Website: [www.cochraneontario.com](http://www.cochraneontario.com)

171 Fourth Avenue – Cochrane

Phone: 705.272.4361

Fax: 705.272.6068

#### Business Hours:

Monday to Friday 8:30 am to 4:30 pm

Offers the following supports and services

- Access to government contracts
- Access to credit and financing resources
- Loan form preparation assistance
- Customized training
- Technical assistance on market research, marketing plans and business plans

## FEDNOR



Website: [www.fednor.gc.ca](http://www.fednor.gc.ca)

120 Cedar Street South – Suite 205– Timmins

Phone: 877.333.6673

Fax: 705.267.4939

Business Hours:

Monday to Friday 8:30 am to 4:30 pm

- Functions as a regional development organization
- Delivers the Northern Ontario Development Program, the Community Futures Programs and the Economic Development Initiative

## PARO CENTRE FOR WOMEN'S ENTERPRISE



Website: [www.paro.ca](http://www.paro.ca)

Email: [northeast@paro.ca](mailto:northeast@paro.ca)

20 Pine Street West – Chapleau

Phone: 705.870.0354

PARO Centre for Women's Enterprise provides programs and services to women across Northern Ontario who are ready to start, grow or build new opportunities.

## MINISTRY OF NORTHERN DEVELOPMENT AND MINES

Website: [www.mndm.gov.on.ca](http://www.mndm.gov.on.ca)



### **Cochrane**

143 Fourth Avenue

Phone: 705.272.4244

Fax: 705.272.3489

### **Iroquois Falls**

33 Ambridge Drive

Phone: 705.232.4660

Fax: 705.232.4550

- Helps northerners build stronger, more prosperous economies and communities
- Promotes economic growth, investment and job creation in Northern Ontario
- Delivers and promotes Ontario government programs, services and information across the North, including:
  - Northern Ontario Heritage Fund Corporation (NOHFC) programs, such as the Northern Ontario Internship Program and Small Business Start-up Projects



AL ANON FAMILY GROUPS



Toll Free Number: 888.425.2666

**Cochrane Meeting**

178 Fourth Avenue

Friday – 6:00 pm

**Iroquois Falls Meeting**

Beside St. Anne's Church

222 Fyfe Street

Tuesday – 6:00 pm

- Functions as a support group for individuals or families affected by someone's drinking
- Facilitates gatherings for groups of relatives or friends to share their experiences, strengths and hope
- Shares different tools that assist families to help themselves and the alcoholic indirectly, whether or not the individual is still drinking

COCHRANE DISTRICT DETOX CENTRE



105 Second Avenue – Smooth Rock Falls

Phone: 705.338.2761

Crisis Phone: 800.787.7951

Fax: 705.338.4580

Business Hours:

Monday to Sunday      24 hours

- Provides non-medical detoxification services
- Provides physical and psychological stabilization to individuals suffering from abuse/dependence to alcohol, drugs and medication
- Offers Residential Withdrawal Management Service Level 1 (total 20 beds) and Residential Service Level 1, case management
- Provides case management services
- Operates a 24/7 toll free Help Line

## NORTH COCHRANE ADDICTION SERVICES

Website: [www.addictionservicestoxicomanie.com](http://www.addictionservicestoxicomanie.com)



**North Cochrane  
Addiction Services**

233 Eight Street

Phone: 705.272.3059

Fax: 705.272.3543

Business Hours – September to June:  
Monday to Friday 8:30 am to 4:30 pm

Business Hours – July to August:  
Monday to Friday 8:30 am to 4:00 pm

- Offers assessments, counselling, treatment planning, and case management to individuals who have concerns about their alcohol use, drug use and/or gambling
- Refers clients to appropriate treatment and/or community resources
- Provides assistance to family and friends who want to understand addictions and learn to cope or deal with the addiction of a significant other

## SOUTH COCHRANE ADDICTIONS SERVICES

Website: [www.scasinc.ca](http://www.scasinc.ca)

Email: [scasinc@ntl.sympatico.ca](mailto:scasinc@ntl.sympatico.ca)



*South Cochrane  
Addictions Services Inc.  
Service de toxicomanie  
Cochrane-Sud inc.*

58A Anson Drive – Iroquois Falls

Phone: 705.232.4344

Business Hours:  
Thursday 9:00 am to 3:00 pm

- Offers assessments, counselling, treatment planning, and case management to individuals who have concerns about their alcohol use, drug use and/or gambling
- Refers clients to appropriate treatment and/or community resources
- Provides assistance to family and friends who want to understand addictions and learn to cope or deal with the addiction of a significant other

## CRISIS / HELPLINES

### **ASSAULTED WOMEN'S HELPLINE**

[www.awhl.org](http://www.awhl.org)  
866.863.0511

### **DRUG & ALCOHOL HELPLINE**

[www.drugandalcoholhelpline.ca](http://www.drugandalcoholhelpline.ca)  
800.565.8603

### **FEM'AIDE**

[www.femaide.ca](http://www.femaide.ca)  
877.336.2433

### **KIDS HELP PHONE**

[www.kidshelphone.ca](http://www.kidshelphone.ca)  
800.668.6868

### **LEGAL AID**

[www.legalaid.on.ca](http://www.legalaid.on.ca)  
800.668.8258

### **MENTAL HEALTH HELPLINE**

[www.mentalhealthhelpline.ca](http://www.mentalhealthhelpline.ca)  
866.531.2600

### **ONTARIO PROBLEM GAMBLING HELPLINE**

[www.problemgamblinghelpline.ca](http://www.problemgamblinghelpline.ca)  
888.230.3505

### **TELEHEALTH**

866.797.0000

### **VICTIM CRISIS ASSISTANCE & REFERRAL SERVICES (VCARS)**

888.579.2888

## DAYCARE SERVICES

### COCHRANE CHILD CARE CENTRE

435 Tenth Avenue – Cochrane  
Phone: 705.272.6092 \*\* Fax: 705.272.2718

Business Hours:  
Monday to Friday 7:30 am to 5:45 pm

### GARDERIE CLIN D'OEIL



425 Teefy Street – Iroquois Falls \*\* Phone : 705.232.6019

Business Hours:  
Monday to Friday 7:30 am to 4:30 pm

### GARDE D'ENFANTS DE COCHRANE

399 Eight Street – Cochrane \*\* Phone: 705.272.4393

### TANIE'S TOTS DAYCARE

59 Main Street – Iroquois Falls \*\* Phone: 705.232.5302

## FOOD BANKS

### COCHRANE EMERGENCY FOOD AND RESALE

Email: [cochranefoodbank@yahoo.ca](mailto:cochranefoodbank@yahoo.ca)

141 Railway Street – Cochrane  
Phone: 705.272.4300 \*\* Fax: 705.272.2698

Business Hours:  
Monday to Friday 10:00 am to 5:00 pm

### IROQUOIS FALLS NEW AND USED

565 Diberville Avenue – Iroquois Falls \*\* Phone: 705.232.2133

Business Hours:  
Tuesday 10:00 am to 4:00 pm

### MATHESON FOOD BANK

452 Fifth Avenue – Matheson \*\* Phone: 705.273.2342

Business Hours:  
Third Thursday of the month: 10:00 am to Noon

# HOUSING

## CO TEM PRO NATIVE NON PROFIT HOUSING

Email: [ctnh@puc.net](mailto:ctnh@puc.net)

112 Seventh Avenue – Cochrane

Phone: 705.272.5718

Toll Free: 800.234.6614

Fax: 705.272.6097

### Business Hours:

Monday to Thursday

8:00 am to 4:30 pm

Friday

8:00 am to 11:00 am

- Manages rent-geared-to-income rental units for low income Aboriginal families and individuals

## COCHRANE DISTRICT SOCIAL SERVICES ADMINISTRATION BOARD



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)

33 Ambridge Drive

Phone: 705.232.4095

Toll Free: 800.461.2009

Fax: 705.232.5471

### Business Hours:

#### **September to April**

Mon to Fri 8:30 am to 4:15 pm

#### **July to August**

Mon to Fri 8:00 am to 3:45 pm

- Offers rent geared to income and market rent services
- Processes applications, maintains waiting lists and identifies applicants to tenant selection

## HEARST KAPUSKASING SMOOTH ROCK FALLS COUNSELLING SERVICES



Website: [www.counsellinghks.ca](http://www.counsellinghks.ca)

233 Eight Street – Cochrane

Telephone: 705.272.6078

Fax: 705.272.6078

- Provides mental health services
- Operates an emergency shelter
- Provides Victim Services

## MINTO COUNSELLING CENTRE



*Minto Counselling Centre*

Website: [www.mintocounsellingcentre.org](http://www.mintocounsellingcentre.org)

### **Cochrane**

233 Eight Street

Tel: 705.272.4245

Fax: 705.272.6737

### **Iroquois Falls**

58 A Anson Drive

Tel: 705.258.2212

Fax: 705.258.2145

### **Matheson**

507 Eight Avenue

Tel: 705.273.2255

### Business Hours:

#### **September to May**

Mon to Fri 8:30 am to 5:00 pm

#### **June to August**

Mon to Fri 8:30 am to 4:30 pm

Provides a range of bilingual mental health services for individuals 16 years of age or older.

## TIMMINS CONSUMER SURVIVOR NETWORK (TCSN)

### **Cochrane**

136 Third Street West  
Tel: 705.272.3547

### **Iroquois Falls**

130 Main Street  
Tel: 705.232.5656

#### Business Hours:

Tues to Thu 10:00 am to 3:00 pm

#### Business Hours:

Tues and Thu 10:00 am to 3:00 pm

Provides peer support and mutual aid in English and French for those experiencing mental health difficulties or having family members affected by mental health difficulties. Priority is given to severe mental illness.

## SETTLEMENT / NEW COMER SERVICES

### TIMMINS & DISTRICT MULTICULTURAL CENTRE



Website: [www.timminsmulticultural.ca](http://www.timminsmulticultural.ca)

119 Pine Street South, Suite 10 – Timmins

Phone: 705.269.8622

Toll Free: 877.890.0901

Fax: 705.269.8624

Practical assistance is provided to newcomers for the challenges of everyday life. Services include needs assessment and referral, consumer and community information, assistance completing government forms and assistance in the following area:

- Health issues, such as obtaining a Health Card and child immunization
- Education, such as school registration issues
- Housing
- Immigration and citizenship applications and classes
- Consumer information
- Job preparation skills
- Medical services
- Canadian law
- Interpreter and translation services (fees apply for translation)
- Offers employment assistance to help find, keep and maintain a job
- Settlement and orientation
- Community connections and mentoring
- Social events

## SOCIAL ASSISTANCE

### ONTARIO WORKS

**Cochrane**  
149 Fifth Avenue

Phone: 705.272.4214  
Toll Free: 888.626.1538  
Fax: 705.272.2883



Website: [www.cdssab.on.ca](http://www.cdssab.on.ca)  
**Iroquois Falls**  
33 Ambridge Drive

Phone: 705.232.4095 Ext 700  
Toll Free: 800.461.2009  
Fax: 705.232.5471

Business Hours:

**September to June**

Monday to Friday 8:30 am to 4:15 pm

Business Hours:

**July to August**

Monday to Friday 8:00 am to 3:45 pm

For those in receipt of Ontario Works:

- Provides short term financial assistance to individuals and families in need
- Offers Extended Health Benefits to qualifying individuals
- Provides information to recipients about participation requirements including seeking employment, basic education, volunteer work, or self employment

### ONTARIO DISABILITY SUPPORT PROGRAM (ODSP)



Website: [www.mcass.gov.on.ca](http://www.mcass.gov.on.ca)

Highway 101 East – South Porcupine

Phone: 705.235.1700

TTY Number: 705.235.1786

Toll Free: 800.461.9843

Fax: 705.235.1778

Business Hours:

Monday to Friday 8:30 am to 5:00 pm

- Offers financial assistance to individuals with disabilities and their families
- Offers benefits including prescriptions drugs, dental services and vision care
- Offers employment assistance to help find, keep and maintain a job